

INTENTIONAL PARENTING WORKSHEET

DESCRIBE YOUR CHILD. (NOT **WHAT** HE/SHE CAN DO BUT **WHO HE/SHE IS**).

"MY CHILD IS..."

WHAT ARE YOUR CHILD'S STRENGTHS?

WHAT ARE YOUR CHILD'S WEAKNESSES?

WHAT MAKES YOUR CHILD COME ALIVE?

WHAT CHARACTER TRAITS DOES YOUR CHILD NEED TO FURTHER DEVELOP?

WHAT ARE YOUR HOPES FOR YOUR CHILD?

WHAT ARE YOU DOING RIGHT NOW TO HELP YOUR CHILD DISCOVER HIS/HER UNIQUE QUALITIES?

WHAT COULD YOU DO IN THE FUTURE TO HELP YOUR CHILD WITH SELF-DISCOVERY AND PURPOSE?

HOW DO YOU SPEND YOUR TIME WITH YOUR CHILD? DOES IT ENCOURAGE WHO YOU HOPE YOUR CHILD BECOMES? (AGAIN, **NOT WHAT** YOU HOPE HE/SHE **DOES**).

WHAT EXAMPLE DO YOU WANT TO SET FOR YOUR CHILD? WHAT PERSONAL IMPROVEMENTS NEED TO BE MADE TO SET THAT EXAMPLE?

WHAT CHANGES IN YOUR ENVIRONMENT CAN YOU MAKE TO EMPOWER YOUR CHILD'S UNIQUE NATURE?

WHAT SUPPORT CAN YOU PUT IN PLACE TO HELP YOUR CHILD THRIVE AS A UNIQUE INDIVIDUAL? (PEOPLE, ACTIVITIES, ETC.)

**THIS IS MY PRAYER FOR MY CHILD:
DEAR GOD...**

"To be intentional means you know where you want to go and how you are going to get there." --Belinda Letchford